

To: SBK members who are interested in an article of sumo

From: Shizuo Imaizumi

Subject: Kimarite in a sumo bout

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First of all, July basho (tournament) of grand sumo will be held at Nagoya, Japan, beginning on Sunday, July 13, 2025. I added the latest 'banzuke' or 'rankings' of the top division called 'makuuchi' to the end of this article on 'kimarite' meaning 'winning techniques.'

It is important to know which kimarite a rikishi used against the other rikishi in a sumo bout. The following is a list of kimarite in a sumo bout, which I have compiled from watching Grand Sumo Highlights of NHK World-Japan TV program for many years. I also added historically existing names of kimarite although I had not watched those techniques through TV program in New York. You can notice those because there is no English translation included right after each equivalent kimarite. All I want you to do is use this list of kimarite as a glossary when you watch a sumo program in NHK World-Japan TV programs by cable or online.

A LIST OF KIMARITE IN A SUMO BOUT

<あ A い I う U え E お O>

足とり ASHITORI (LIFTING LEG)

浴びせ倒し ABISETAOSHI (BACKWARD FORCE DOWN)

網打ち AMIUCHI (FISHERMAN'S THROW)

勇み足 ISAMIASHI (SLIGHTLY STEPPING OUT ACCIDENTALLY)

*This is called 'hiwaza' meaning 'no technique.'

居反り IZORI

一本背負い IPPONZEOI (THROWING OVER SHOULDER)

後ろもたれ USHIROMOTARE

内掛け UCHIGAKE (INSIDE LEG TRIP)

内無双 UCHIMUSO

打っ棄り UTCHARI (LEANING BACK AND CARRYING ROUND OUT)

上手出し投げ UWATEDASHINAGE (PULLING OVER ARM THROW)

上手投げ UWATENAGE (OVER ARM THROW)

上手捻り UWATEHINERI (TWISTING OVER ARM THROW)

送り掛け OKURIGAKE

送り倒し OKURITAOSHI (RARE PUSH DOWN)

送り出し OKURIDASHI (RARE PUSH OUT)

送り吊り落とし OKURITSURIOTOSHI
送り投げ OKURINAGE (RARE THROW)
送り引き落とし OKURIHIKIOTOSHI (RARE PULL DOWN)
大逆手 OSAKATE
大股 OMATA
押し倒し OSHITAOSHI (FRONTAL PUSH DOWN)
押し出し OSHIDASHI (FRONTAL PUSH OUT)

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腕捻り KAINAHINERI (TWO HANDED ARM TWIST)
掛け反り KAKESORI
掛け投げ KAKENAGE (LEG TRIP THROW)
合掌捻り GASSHOHINERI
肩透し KATASUKASHI (UNDER SHOULDER SWING DOWN)
河津掛け KAWAZUGAKE

極め倒し KIMETAOSHI (ARM BAR DOWN)
極め出し KIMEDASHI (ARM BAR FORCE OUT)
切り返し KIRIKAESHI (TWISTING BACKWARD KNEE TRIPPING)

首投げ KUBINAGE (HEAD LOCK THROW)
首捻り KUBIHINERI (HEAD TWIST)

蹴返し KEKAESHI (MINOR INNER LEG SWEEP TRIP)
けたぐり KETAGURI (OUTER LEG SWEEP TRIP)

小股掬い KOMATASUKUI (INNER THIGH TRIP)
腰砕け KOSHIKUDAKE (FALLING FROM WAIST ACCIDENTALLY)
*This is called 'hiwaza' meaning 'no technique.'
腰投げ KOSHINAGE (HIP THROW)
小褻取り KOZUMATORI
小手投げ KOTENAGE (ARM LOCK THROW)
小手捻り KOTEHINERI (ARM TWIST)

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鯖折 SABAORI

逆取ったり SAKATOTTARI (ARM BAR THROW OUTSIDE COUNTER)

下手出し投げ SHITATEDASHINAGE (PULLING UNDER ARM THROW)

下手投げ SHITATENAGE (UNDER ARM THROW)

下手捻り SHITATEHINERI (TWISTING UNDER ARM THROW)

撞木反り SHUMOKUZORI

掬い投げ SUKUINAGE (BELTLESS THROW)

裾取り SUSOTORI

裾払い SUSOHARAI (SWEEPING LEG TRIP)

頭捻り ZUBUNERI

素首落とし SOKUBIOTOSHI

外掛け SOTOGAKE (OUTSIDE LEG TRIP)

外たすき反り SOTOTASUKIZORI

外無双 SOTOMUSO

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たすき反り TASUKIZORI

ちょん掛け CHONGAKE

つかみ投げ TSUKAMINAGE

突き落とし TSUKIOTOSHI (THRUST DOWN)

突き倒し TSUKITAOSHI (FRONTAL THRUST DOWN)

突き出し TSUKIDASHI (FRONTAL THRUST OUT)

つき手 TSUKITE (TOUCH HAND ACCIDENTALLY)

つきひざ TSUKIHIZA (TOUCH KNEE ACCIDENTALLY)

*This is called 'hiwaza' meaning 'no technique.'

伝え反り TSUTAEZORI

棲取り TSUMATORI

吊り落とし TSURIOTOSHI

吊り出し TSURIDASHI (FRONTAL LIFT OUT)

徳利投げ TOKKURINAGE

とったり TOTTARI (ARM BAR THROW)

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二丁投げ NICHONAGE

二枚蹴り NIMAIGERI

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叩き込み HATAKIKOMI (SLAP DOWN)

張り手 HARITE (FACE SLAP)

波離間投げ HARIMANAGE

引き落とし HIKIOTOSHI (HAND PULL DOWN)

引っ掛け HIKKAKE

非技 HIWAZA (NO TECHNIQUE)

*This is not a technique because an opponent loses a bout automatically in accordance the rules such as isamiashi, fumidashi, koshikudake, tsukihiza and tsukite. For more information about those words, see each entry of the above.

踏み出し FUMIDASHI (STEPPING OUT A FOOT ACCIDENTALLY)

*This is called 'hiwaza' meaning 'no technique.'

<ま MA み MI む MU め ME も MO>

巻き落とし MAKIOTOSHI (TWIST DOWN)

三所攻め MIDOKOROSEME

<や YA ゆ YU よ YO>

櫓投げ YAGURANAGE

呼び戻し YOBIMODOSHI

寄り切り YORIKIRI (FRONTAL FORCE OUT)

寄り倒し YORITAOSHI (FRONTAL CRUSH DOWN)

<わ WA>

渡し込み WATASHIKOMI (THIGH GRABBING PUSH DOWN)

割り出し WARIDASHI

[END OF KIMARITE]

大相撲番付

THE LATEST BANZUKE RANKINGS (AS OF JULY 1, 2025)

RANKINGS	EAST	WEST
YOKOZUNA	HOSHORYU	ONOSATO
OZEKI	KOTOZAKURA	
SEKIWAKE	DAIEISHO	KIRISHIMA WAKATAKAKAGE
KOMUSUBI	OSHOMA	TAKAYASU
MAEGASHIRA		
#1	AONISHIKI	WAKAMOTOHARU
#2	OHO	ABI
#3	ONOKATSU	KINBOZAN
#4	HAKUOHO	TAMAWASHI
#5	HIRADOMI	MEISEI
#6	TAKERUFUJI	GONoyAMA
#7	TOBIZARU	ENDO
#8	SADANOUMI	ICHIYAMAMOTO
#9	URA	CHIYOSHOMA
#10	ATAMIFUJI	ROGA
#11	TAKANOSHO	TOKIHAYATE
#12	MIDORIFUJI	ASAKORYU
#13	CHURANOUMI	SHODAI
#14	KUSANO	FUJINOKAWA
#15	KOTOSHOHO	HIDENOUMI
#16	KAYO	MITAKEUMI
#17	KOTOEIHO	SHISHI

[END OF BANZUKE RANKINGS]

